

We Are Born Free
Rabbi Zev-Hayyim Feyer

Our thought for today is
WE ARE BORN FREE

Freedom can exist with limits; limits need not curtail freedom. It is our use of freedom that determines our liberty.

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Freedom comes with letting our Higher Power relieve us of our own over-zealous manipulations to force people and circumstances.

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Freedom comes when we cease straining for goals.

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Outer circumstances cannot bind us; neither can people or experiences. Only our own thoughts can bind; only our projections, our rationalizations, our false defenses can bind.

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But freedom does require a commitment; it extracts a price of bondage when abused by negative thinking and unethical behavior.

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We are born free, and freedom is constantly reborn when we affirm our spirituality and act maturely with wisdom and love.

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And now, let us enter the silence, taking this thought with us and resting in it

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